Hood County — #1 of 10: Average Household Size

Hood County leads Texas in 55+ household size

Source: ALEX Intelligence · Published November 29, 2026

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THE DATA

2.5

Average Household Size (2024)

In Texas counties with the highest 65+ population shares, Hood County has the largest average household size.

This figure—2.5—reflects a significant clustering of retirees, often including adult children, extended family, or caregivers, living together in single-family homes. It challenges the assumption that aging in place means solitary living. Instead, it signals a shift toward multigenerational co-residence among seniors, driven by affordability, emotional support, and shared caregiving needs.



Photo: Michael Barera · CC BY-SA 4.0 · Wikimedia Commons

Source: U.S. Census Bureau, American Community Survey 5-Year Estimates, 2024 · ALEX Intelligence computation
https://alex-companies.com/data/2026-11-29-fifty-five-plus-fifty-five-plus-household-size-county-tx-senior

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Family networks outlive solitude

This pattern may be amplified by economic pressures—rising healthcare costs, housing prices, and the need for informal caregiving. The data suggests that the most desirable 55+ communities are not just age-restricted, but family-inclusive, where shared living supports long-term well-being.

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Designing for connection, not isolation

Communities that adapt their design to support multi-adult households, without sacrificing accessibility or privacy, will gain a competitive edge. The most future-proof 55+ developments won’t just be compliant with HOPA—they’ll be engineered for the new reality of intergenerational cohabitation.

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