Utah County, UT — #1 of 10: Households Moving In From a Single County



Utah County leads Salt Lake City-Murray in household migration

Source: ALEX Intelligence, 2026

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THE DATA

5,091

Households Moving In From a Single County (2024)

Utah County sent 5,091 households to the Salt Lake City-Murray metro in 2023–24, the highest of any county.

This inflow is not a trickle — it is the largest documented county-to-metro migration in the region. The scale suggests Utah County is not just sending people to Salt Lake City-Murray; it is becoming a net source of population growth for the entire metro. This is a structural shift, not a seasonal spike.

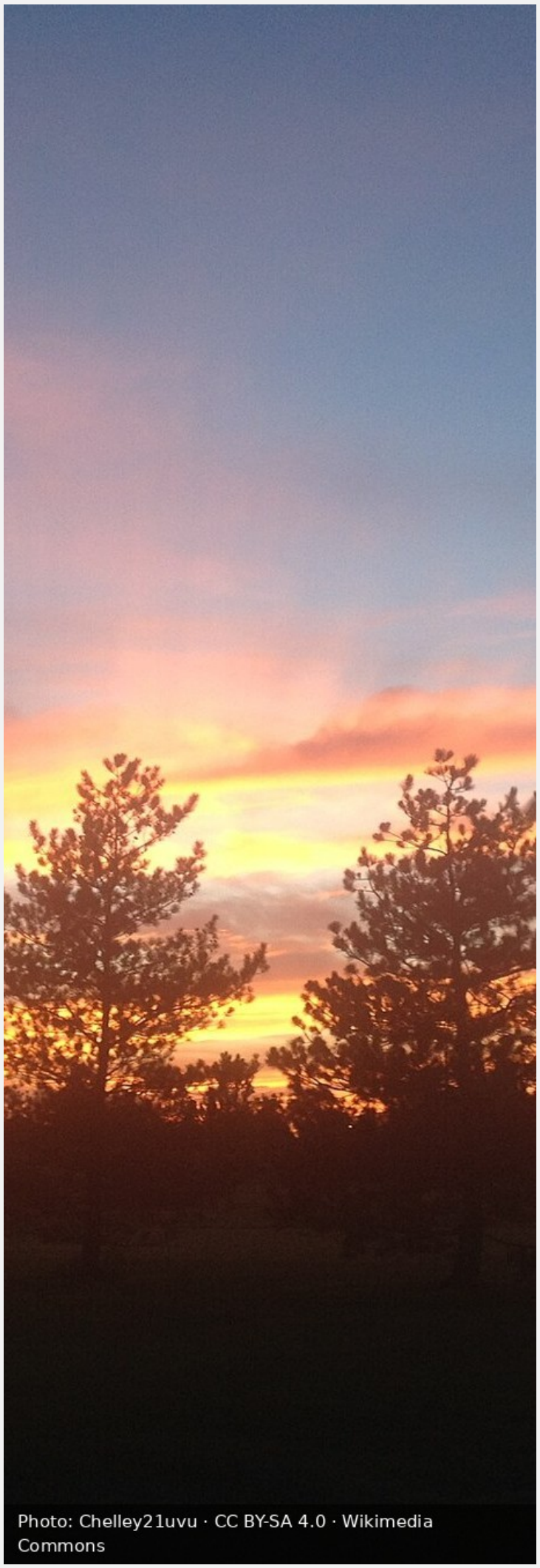


Photo: Chelley21uvu · CC BY-SA 4.0 · Wikimedia Commons

Source: U.S. Internal Revenue Service, Statistics of Income Migration Data, county-to-county inflows, 2023-24 · ALEX Intelligence computation
https://alex-companies.com/data/2026-11-27-slc-murray-mig-in-origin

01

Utah County is the new engine of urban expansion

The implications for housing demand are immediate: sustained pressure on inventory, especially in entry-level and mid-tier homes. This is not a temporary surge — it is a structural realignment of the regional labor and housing market.

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02

The metro's growth is now homegrown

What's striking is that the top source of new households is not a distant state or a foreign country — it's a neighboring county within Utah. This indicates that the Salt Lake City-Murray market is no longer dependent on external migration to grow.

Instead, it's becoming a magnet for its own region's internal migration — a sign of increasing urban centrality and economic pull. The city is not just attracting people from outside; it's absorbing the overflow from its own expanding hinterland.

This dynamic could lead to long-term shifts in regional planning, with infrastructure, zoning, and public services increasingly shaped by the needs of incoming Utah County residents rather than external newcomers.

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