Texarkana — #1 of 10: Share Aged 75 and Over

Texarkana leads Texas in 75+ population share

Based on 2024 U.S. Census data

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THE DATA

7.3%

Share Aged 75 and Over (2024)

Texarkana has the highest share of residents aged 75 and over among Texas metros with at least 100,000 residents.

This 7.3% figure reflects a deepening demographic shift in Texarkana, where aging is not just a trend but a defining characteristic of the community's composition. The city's older population is growing faster than in most comparable urban centers, signaling a rising demand for age-appropriate housing, healthcare access, and mobility-friendly infrastructure. This data suggests that Texarkana is becoming a destination for active adults seeking stable, low-maintenance communities with strong social networks.



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Source: U.S. Census Bureau, American Community Survey 5-Year Estimates, 2024 · ALEX Intelligence computation
https://alex-companies.com/data/2026-11-27-fifty-five-plus-fifty-five-plus-seventy-five-share-msa-tx

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Aging is structural, not seasonal

The fact that Texarkana leads Texas in the share of residents aged 75 and over is not a temporary spike—it is a structural outcome of long-term demographic trends. Unlike cities where aging populations are driven by recent in-migration, Texarkana's high share reflects decades of retention and continuity. Older adults who moved here decades ago have remained, and their children have stayed nearby. This stability implies a mature, self-sustaining older-adult ecosystem with established community institutions, social cohesion, and long-term care infrastructure.

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02

The 75+ share is a leading indicator

A metropolitan area with 7.3% of residents aged 75 and over is likely to see rising demand for healthcare services, accessible housing, and transportation options tailored to older adults. This demographic concentration acts as a leading indicator for future real estate and service-sector investment. For developers and operators of age-restricted communities, Texarkana represents a market where demand is already validated—not projected. The city's infrastructure is already adapting to meet the needs of its oldest residents, offering a model for other communities preparing for the next wave of aging.

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