Harris County — #1 of 10: Population

Harris County leads Texas in 55+ population

Based on 2024 U.S. Census data

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THE DATA

4,838,303

Population (2024)

Harris County has the largest 55+ population of any Texas county.

The sheer scale of this cohort signals a critical demand for age-restricted communities, accessible design, and integrated health and lifestyle services.

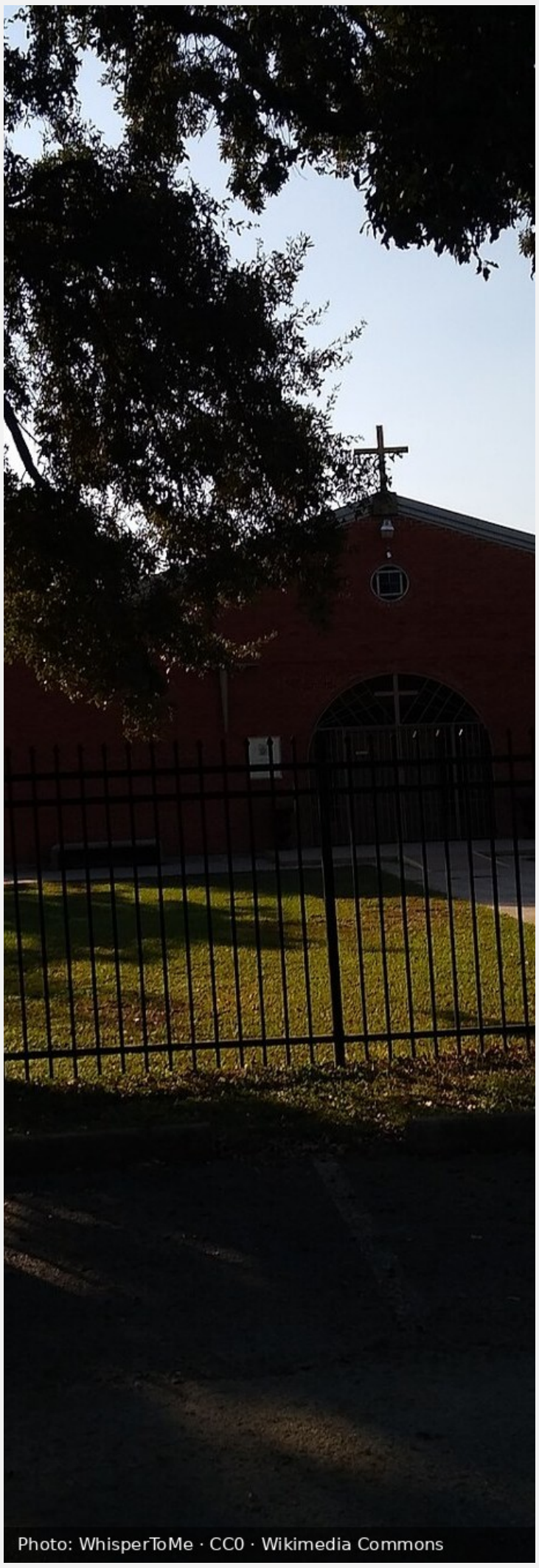


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Source: U.S. Census Bureau, American Community Survey 5-Year Estimates, 2024 · ALEX Intelligence computation
https://alex-companies.com/data/2026-11-16-fifty-five-plus-fifty-five-plus-dem-population-county-tx

01

Scale drives innovation in senior living

Harris County’s massive 55+ population creates a unique economic engine for age-restricted communities. This scale enables economies of scale in construction, HOA management, and service delivery, making Harris County a model for sustainable senior housing ecosystems.

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02

Density enables community resilience

The concentration of 55+ residents in Harris County creates a self-sustaining social and economic environment. Shared infrastructure—such as medical hubs, transit options, and recreational centers—can be efficiently deployed and maintained at scale. This density supports greater financial stability for HOAs, reduces per-resident service costs, and fosters stronger intergenerational and peer networks, enhancing long-term quality of life for residents.

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