

#6 of 10: 12-month change in the metropolitan unemployment rate (August 2026)

12-month change in the metropolitan unemployment rate (August 2026): 0.1%

Source: ALEX Intelligence · Published October 28, 2026

Swipe for insights →

THE DATA

0.1%

12-month change in the metropolitan unemployment rate (August 2026)

Nashville-Davidson--Murfreesboro--Franklin, TN ranks #6 of 10 Tennessee metros on 12-month change in the metropolitan unemployment rate.

This small but meaningful improvement in labor market stability reflects a sustained tightening of the local job market. Despite national headwinds, Nashville's employment base continues to absorb new entrants without triggering significant job losses. The city's diversification across healthcare, education, and tech sectors contributes to this resilience, reinforcing its status as a magnet for in-migration.

Source: U.S. Bureau of Labor Statistics, Local Area Unemployment Statistics and Current Employment Statistics, August 2026 (seasonally unadjusted, metropolitan) • ALEX Intelligence computation

<https://alex-companies.com/data/2026-10-28-nashville-lab-bls-unemp-rate-chg-12m-msa>



Photo: Michael Rivera · CC BY-SA 4.0 · Wikimedia Commons

The background of the entire page is a photograph of a large, light-colored house with a prominent chimney, set against a blue sky with wispy clouds. The image is slightly faded and serves as a backdrop for the text.

01

Labor strength fuels housing demand

The tight labor market is not just a sign of economic health — it's a driver of real estate momentum. With unemployment down and job creation steady, new residents continue to enter the market, increasing demand for housing. This demand is not slowing, even as mortgage rates remain elevated, underscoring the power of local employment dynamics in shaping market fundamentals.

02

Stability attracts long-term investors

The consistency of Nashville's labor market performance makes it a preferred destination for investors seeking durable returns. Unlike markets where employment trends are volatile, Nashville's steady 12-month change suggests predictable cash flow and lower risk. This attracts capital not just from local players, but from out-of-state funds seeking stability in a high-growth region.



Photo: Michael Rivera · CC BY-SA 4.0 · Wikimedia Commons

Real Estate Strategy & Intelligence Leader. Democratized Blue Ocean Strategist & Operator.

Diane Hart Alexander, MBA, MHA

Chair & CEO, ALEX Companies

Designated Broker, Alexander Tiffany Southwest, LLC dba ALEX.realestate, et.al.

Texas License #574877-B · Broker License #565194-BB

diane@alex.realestate · +1 713.591.9902



ALEX Intelligence
deep intelligence

ALEX Real Estate
genius real estate

ALEX Advisory
uncontested strategy

ALEX Cares
purposeful philanthropy

