

Adams County, CO — #1 of 10: Growth in Households Moving In, by Origin County

Adams County leads all Colorado counties in household migration to Denver

Source: ALEX Intelligence · Published October 26, 2026

Swipe for insights →

115

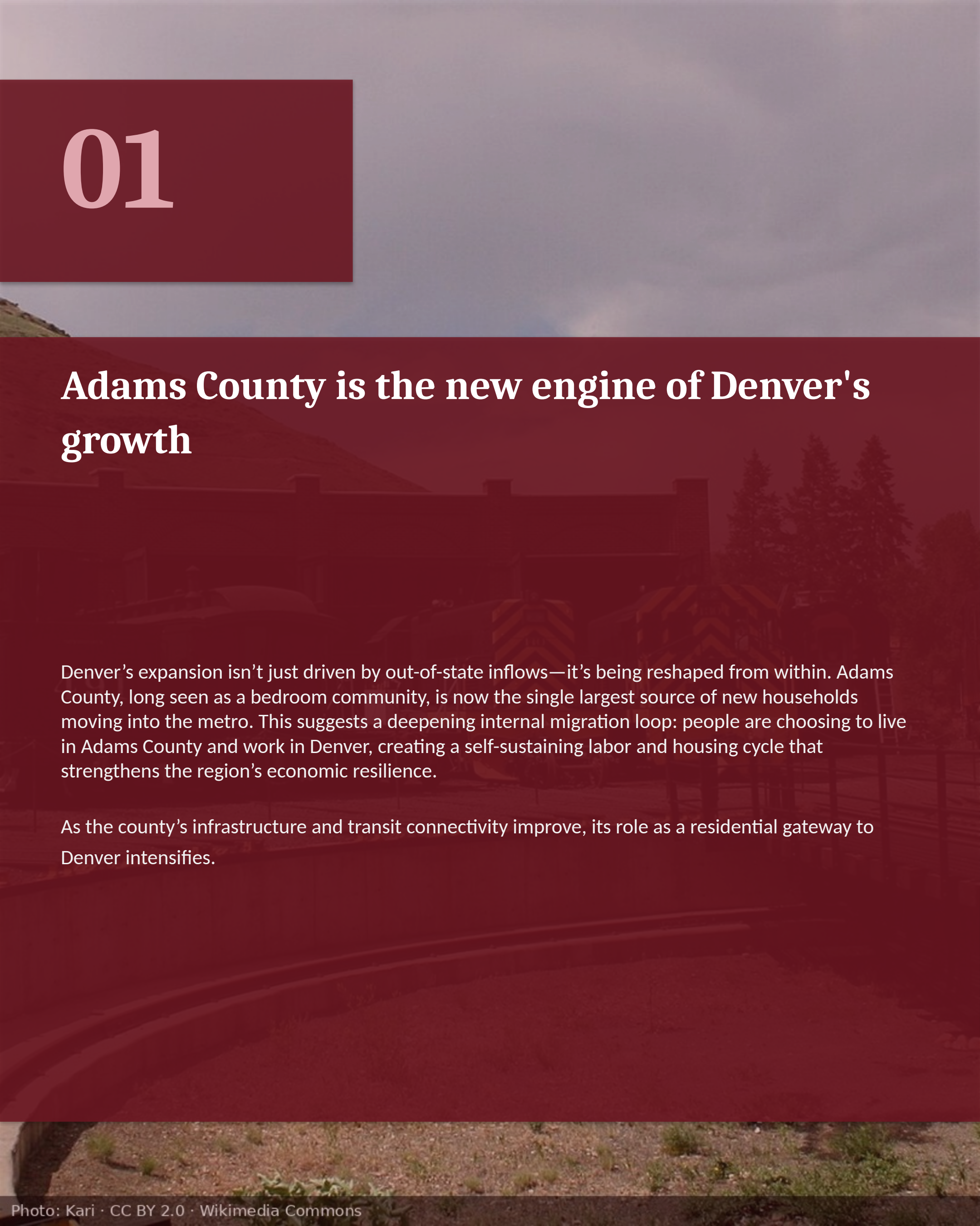
Growth in Households Moving In, by Origin County (2023)

Adams County, CO leads all other U.S. counties in sending households to Denver in the 2022-23 vintage.

This number—115—represents the net increase in households moving from Adams County into the Denver metro between 2021-22 and 2022-23. It is the highest among all counties the IRS disclosed in both vintages, indicating a structural shift in residential relocation patterns. This surge is not a fluke but a measurable trend in regional migration dynamics.

Source: U.S. Internal Revenue Service, Statistics of Income Migration Data, county-to-county inflows, 2021-22 and 2022-23 · ALEX Intelligence computation
<https://alex-companies.com/data/2026-10-26-denver-mig-trend-origin>





01

Adams County is the new engine of Denver's growth

Denver's expansion isn't just driven by out-of-state inflows—it's being reshaped from within. Adams County, long seen as a bedroom community, is now the single largest source of new households moving into the metro. This suggests a deepening internal migration loop: people are choosing to live in Adams County and work in Denver, creating a self-sustaining labor and housing cycle that strengthens the region's economic resilience.

As the county's infrastructure and transit connectivity improve, its role as a residential gateway to Denver intensifies.

02

The migration trend is not just about location—it's about identity

What's striking is not just the volume, but the source: Adams County, CO. This is not a distant state or a foreign city—it's a neighboring county with a growing identity as a commuter corridor with upward mobility. The fact that Adams County leads all others in sending households to Denver signals a redefinition of what it means to live in the metro area.

This shift implies that the Denver market is no longer being shaped solely by external forces like national migration or remote work trends. Instead, the region's internal geography is becoming the primary driver of growth. As more people move from Adams to Denver, the demand for housing, transit, and services in both locations evolves in tandem—creating a feedback loop that reinforces the region's centrality in Colorado's economic future.



Photo: Steven Miller · CC BY 2.0 · Wikimedia Commons

Real Estate Strategy & Intelligence Leader. Democratized Blue Ocean Strategist & Operator.

Diane Hart Alexander, MBA, MHA

Chair & CEO, ALEX Companies

Designated Broker, Alexander Tiffany Southwest, LLC dba ALEX.realestate, et.al.

Texas License #574877-B · Broker License #565194-BB

diane@alex.realestate · +1 713.591.9902



ALEX Intelligence
deep intelligence

ALEX Real Estate
genius real estate

ALEX Advisory
uncontested strategy

ALEX Cares
purposeful philanthropy

