

Lampasas — #1 of 7: Median Resident Age

Lampasas Leads Texas in Median Age

Source: ALEX Intelligence, October 24, 2026

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THE DATA

40 years

Median Resident Age (2024)

Lampasas is the oldest city in the Killeen-Temple MSA by median age.

With a median age of 40 years, Lampasas stands as the oldest city in the Killeen-Temple MSA, significantly older than neighboring communities like Killeen (30 years) and Harker Heights (33 years). This demographic profile signals a mature, established population with entrenched roots, which influences housing demand, community investment, and long-term planning.

Source: U.S. Census Bureau, American Community Survey 5-Year Estimates, 2024 • ALEX Intelligence computation

<https://alex-companies.com/data/2026-10-24-killeen-temple-median-age-place-mkt>



Photo: Carol M. Highsmith · Public domain · Wikimedia Commons

01

Older residents = stable demand

Lampasas's elevated median age reflects a population less sensitive to short-term market volatility. Older residents typically prioritize homeownership stability, long-term neighborhood attachment, and lower turnover — characteristics that support sustained property values and reduced speculative activity. This demographic inertia buffers the broader Killeen-Temple market against cycles driven by younger, more mobile buyers.

02

Aging in place fuels home renovation demand

As the population ages, demand for accessible housing, low-maintenance properties, and home modifications (e.g. walk-in showers, widened doorways) is rising in Lampasas. This trend creates a niche for contractors and designers specializing in aging-in-place upgrades, while also reinforcing the value of well-maintained, single-story homes with adaptable layouts — a growing asset class in the region.



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