

Memphis — #1 of 10: Population

Memphis leads TN in population by a wide margin

Source: ALEX Intelligence, October 23, 2026

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THE DATA

618,980

Population (2024)

This population size positions Memphis as the demographic anchor of the Mid-South. Its scale enables large-scale infrastructure, workforce development, and public service delivery that smaller cities cannot match. The city's size also supports a diversified economy, from logistics to healthcare, that can absorb structural shifts in industry.

Source: U.S. Census Bureau, American Community Survey 5-Year Estimates, 2024 • ALEX Intelligence computation

<https://alex-companies.com/data/2026-10-23-memphis-population-place-mkt>

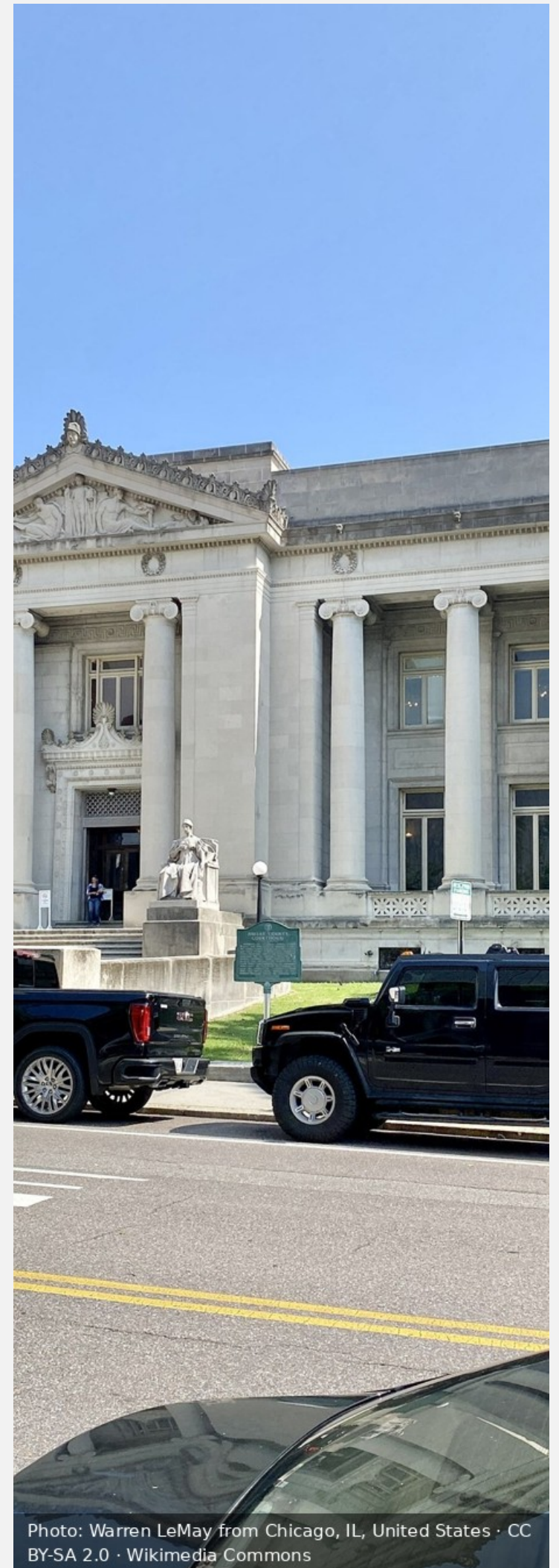


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Size enables resilience

The city's size also supports a deep talent pool, enabling firms like ITT Goulds Pumps to expand locally without relying on migration from outside the region. This self-sustaining labor ecosystem is a competitive edge that smaller Tennessee cities lack.

JUDGE D'ARMY BAILEY COURTHOUSE
140 ADAMS

02

Scale drives civic momentum

This civic energy extends to public institutions: the library worker charter referendum shows how a large base can organize for policy change. In contrast, smaller cities often see lower turnout and less institutional innovation.



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