

Oxford — #1 of 10: Share Aged 65 and Over

Oxford Leads NC in Senior Population

26.3% aged 65+ — source: ALEX Intelligence, 2026

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THE DATA

26.3%

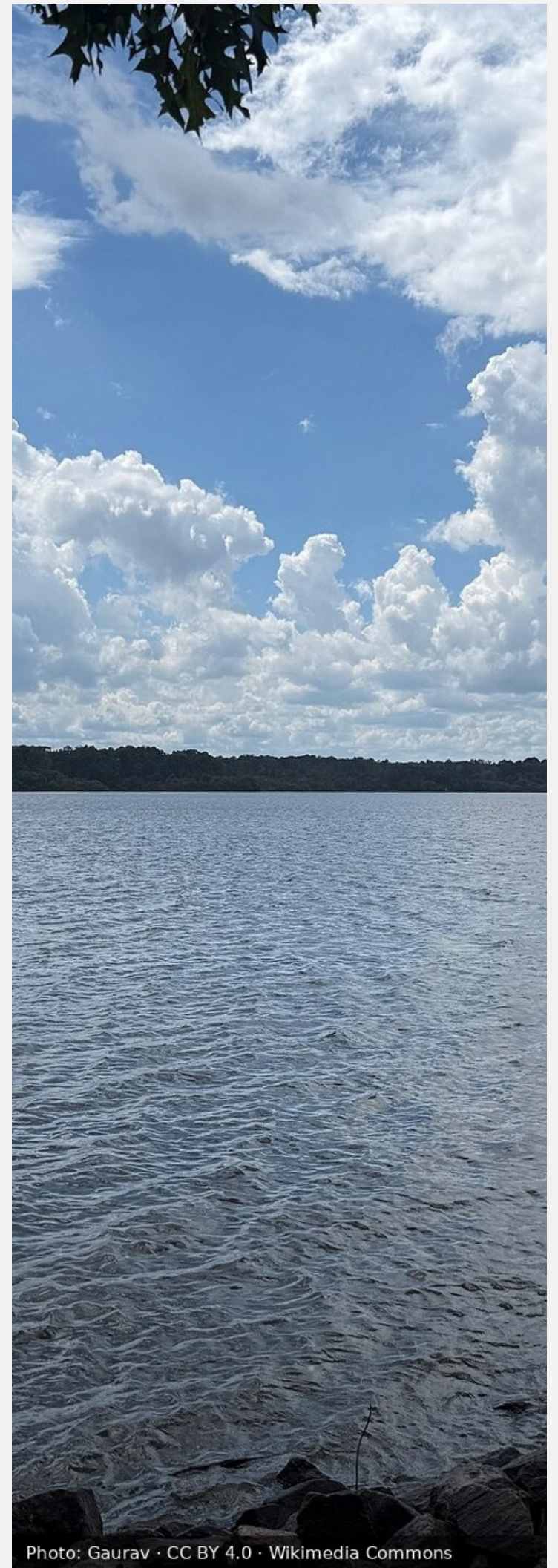
Share Aged 65 and Over (2024)

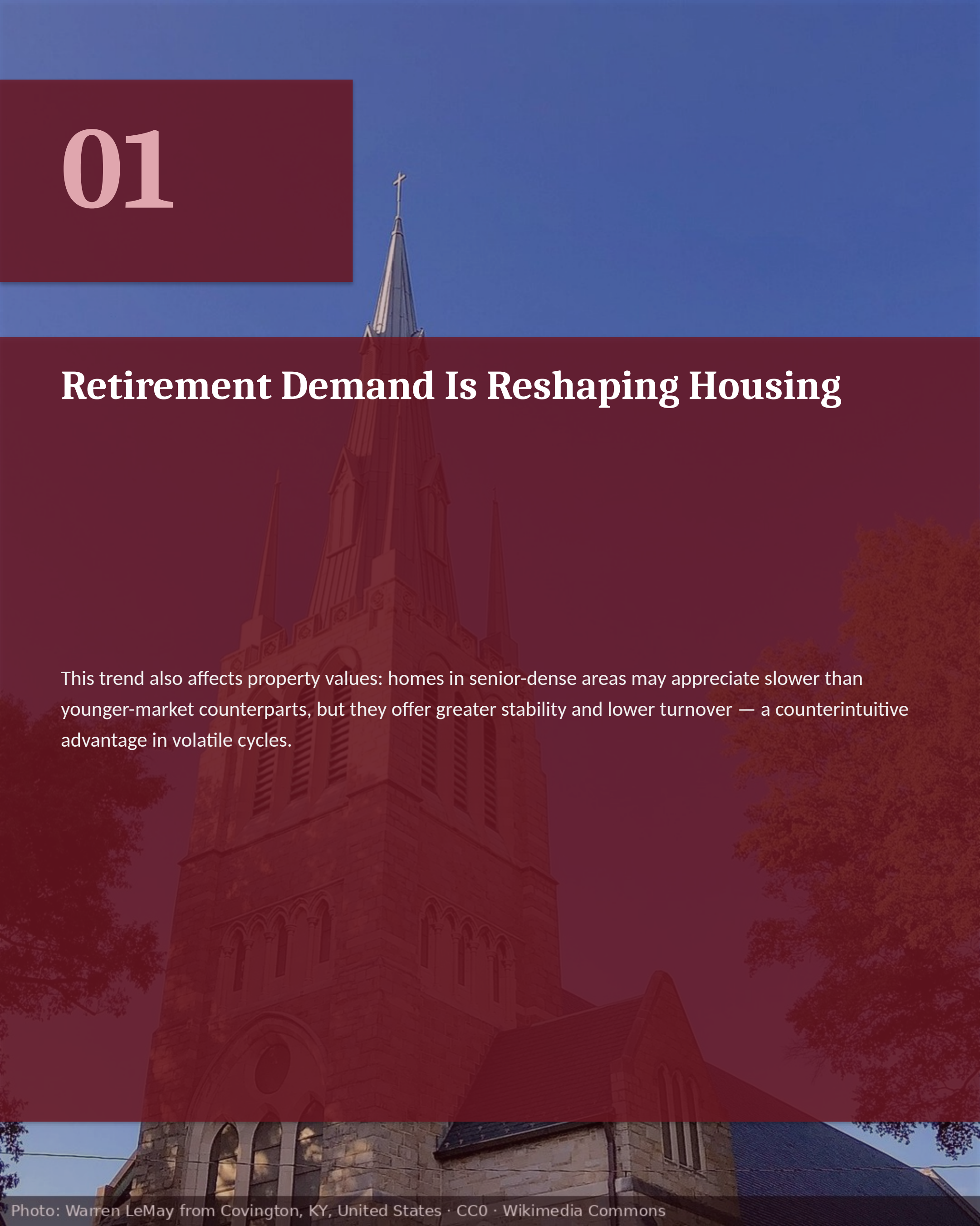
Oxford has the highest share of residents aged 65 and over in the Triangle.

This concentration of older adults reflects a deeper demographic shift in the region's most established communities. As life expectancy rises and retirement migration continues, areas like Oxford are becoming de facto retirement hubs, shaping housing demand toward low-maintenance, accessible living.

Source: U.S. Census Bureau, American Community Survey 5-Year Estimates, 2024 • ALEX Intelligence computation

<https://alex-companies.com/data/2026-10-16-triangle-senior-share-place-mkt>





01

Retirement Demand Is Reshaping Housing

This trend also affects property values: homes in senior-dense areas may appreciate slower than younger-market counterparts, but they offer greater stability and lower turnover — a counterintuitive advantage in volatile cycles.

02

The Paradox of Aging in Place

This dynamic may explain why some high-senior areas don't lead in home value growth — the market isn't driven by new buyers, but by long-term owners. For investors, this suggests a different strategy: focus on rental yield and long-term hold, not rapid resale.



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