

#5 of 15 NC metros — FHFA HPI 5-Year Growth, 2026 Q2

#5 of 15 NC metros in 5-year HPI growth

Greensboro-High Point MSA leads in price resilience within the Triad

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THE DATA

55.1%

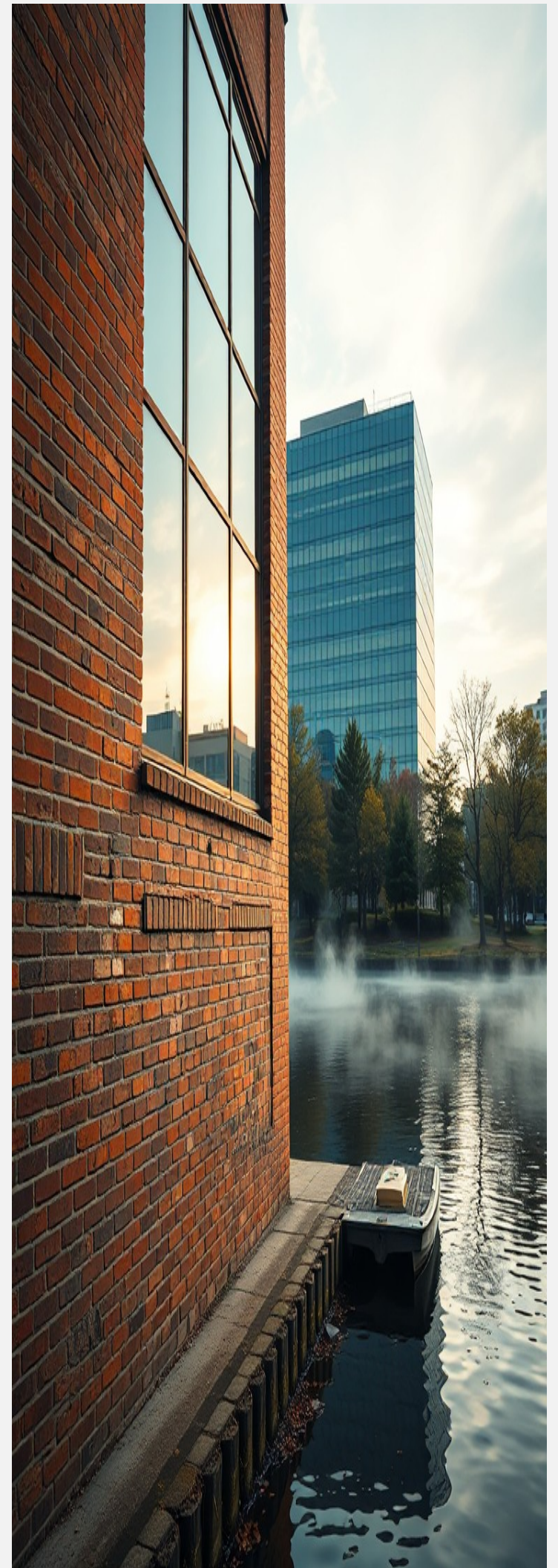
five-year change in the metropolitan house price index (2026 Q2)

Greensboro-High Point MSA's 55.1% five-year home price growth ranks #5 among North Carolina's 15 metros.

This growth reflects sustained demand driven by stable employment, affordability relative to national averages, and a tight housing supply. The index is based on FHFA All-Transactions data, capturing both purchase and refinance appraisals across the MSA.

Source: Federal Housing Finance Agency, All-Transactions House Price Index by Metropolitan Statistical Area, 2026 Q2 · ALEX Intelligence computation

<https://alex-companies.com/data/2026-10-09-greensboro-hou-fhfa-hpi-growth-5y-msa>



01

Affordability fuels price resilience

The region's economic base—anchored in healthcare, manufacturing, and logistics—provides stable employment, reinforcing housing demand even amid national volatility.



02

Capital flows support local stability

This suggests that Greensboro's market is less vulnerable to short-term rate shifts than more speculative Sun Belt hubs, as its growth is rooted in real economic fundamentals, not just capital chasing returns.

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Diane Hart Alexander, MBA, MHA

Chair & CEO, ALEX Companies

Designated Broker, Alexander Tiffany Southwest, LLC dba ALEX.realestate, et.al.

Texas License #574877-B · Broker License #565194-BB

diane@alex.realestate · +1 713.591.9902



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