

#1 of 254 Texas counties, #1 of 50 high-65+ counties — ALEX Intelligence 2026

#1 in Texas, #1 in 50 High-65+ Counties

Hood County leads Texas in 55+ household size — ALEX Intelligence 2026

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THE DATA

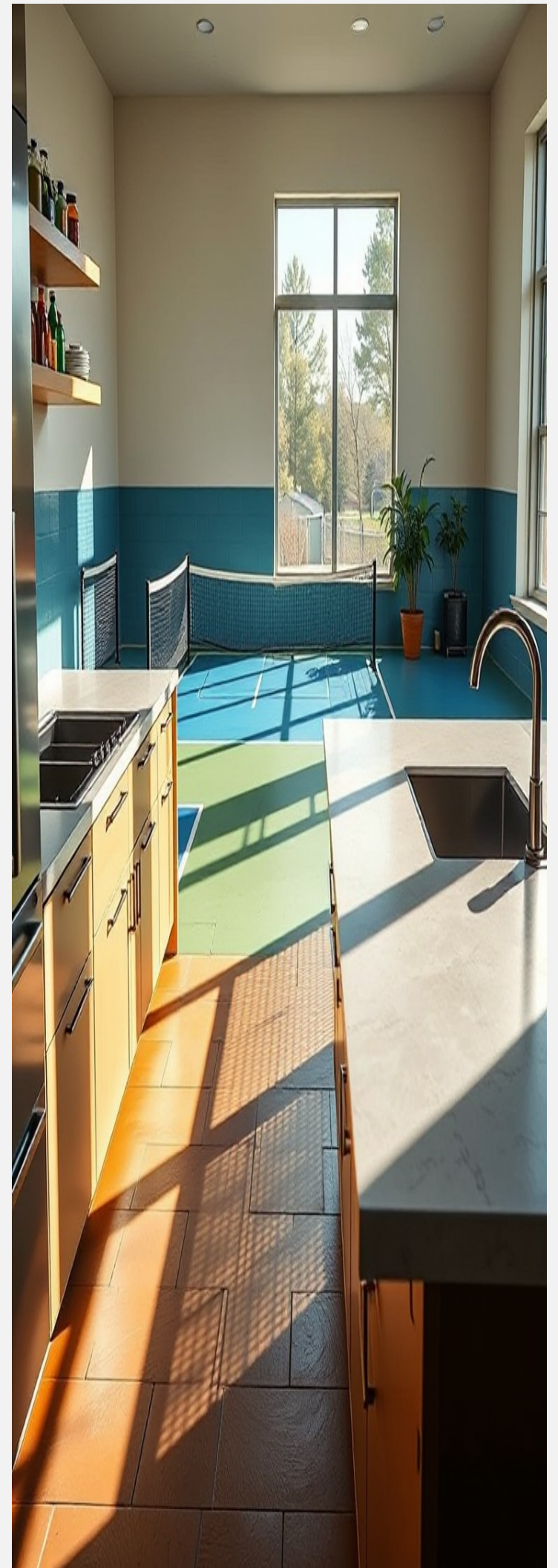
2.5

Average Household Size (2024)

Hood County leads Texas among counties with the highest 65+ population in terms of household size.

This figure — 2.5 — represents the average number of people living in a single household in Hood County, a rate unmatched among Texas counties with significant 65+ populations. It suggests a pattern of multi-generational cohabitation or extended family living that defies the common assumption that retirement communities are inherently single-person or couple-focused.

Source: U.S. Census Bureau, American Community Survey 5-Year Estimates, 2024 • ALEX Intelligence computation
<https://alex-companies.com/data/2026-10-07-fifty-five-plus-fifty-five-plus-household-size-county-tx-senior>



01

Size Isn't Just for Space

The average household size of 2.5 in Hood County isn't about density — it's about intention. These homes are not overcrowded; they are designed for interdependence. The data reflects a shift in 55+ living: not just downsizing, but redefining family. Grandchildren, adult children, and caregivers are choosing to live together in age-appropriate homes, supported by single-level layouts and accessible design — features increasingly standard in new construction and renovation across Texas.



02

Design Drives Cohabitation

The rise in household size among retirees isn't accidental. It's driven by a convergence of accessibility, affordability, and emotional need. Communities that integrate universal design principles — like step-free entry, wide doorways, and smart home health monitoring — are becoming magnets for multi-generational living. These homes aren't just for seniors; they're for families who value shared space, safety, and mutual care. This trend signals a future where 55+ living is not isolation, but connection.

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