

**#1 of 10 Colorado counties, #1 of 10 in the Boulder County metro — ALEX
Intelligence 2026 Migration Report**

#1 in Colorado, #1 in Boulder County

Adams County is the top source of new households — ALEX Intelligence 2026
Migration Report

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THE DATA

1,714

Households Moving In From a Single County (2023)

Adams County, CO, sends more households to Boulder County than any other single county in the state.

This inflow of 1,714 households from Adams County represents a structural shift in regional migration patterns. It underscores how Boulder County's appeal extends beyond its immediate urban core, drawing residents from adjacent suburban and exurban areas within the Front Range. The data reflects a broader trend of intra-state migration driven by remote work, affordability-seeking, and lifestyle preferences.

Source: U.S. Internal Revenue Service, Statistics of Income Migration Data, county-to-county inflows, 2022-23 • ALEX Intelligence computation

<https://alex-companies.com/data/2026-10-07-boulder-mig-in-origin>





01

Adams County is the new engine of growth

The dominance of Adams County as the top source of new households signals a deepening suburbanization of Boulder's labor and housing market. Unlike previous waves driven by distant metropolitan centers, this migration is intra-regional — residents are moving from one Front Range county to another, not across state lines. This suggests a maturing, self-sustaining demand ecosystem in the region, where workforce and housing demand are increasingly aligned within the same metro corridor.



02

Affordability is the true north

Adams County's position as the top source of in-migration reflects a strategic choice: proximity to Boulder without the full cost. Adams County, with its lower cost of living and robust transit links via RTD, is becoming the new 'first stop' for those entering the Boulder market — not as a permanent home, but as a bridge to a higher-quality lifestyle.

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