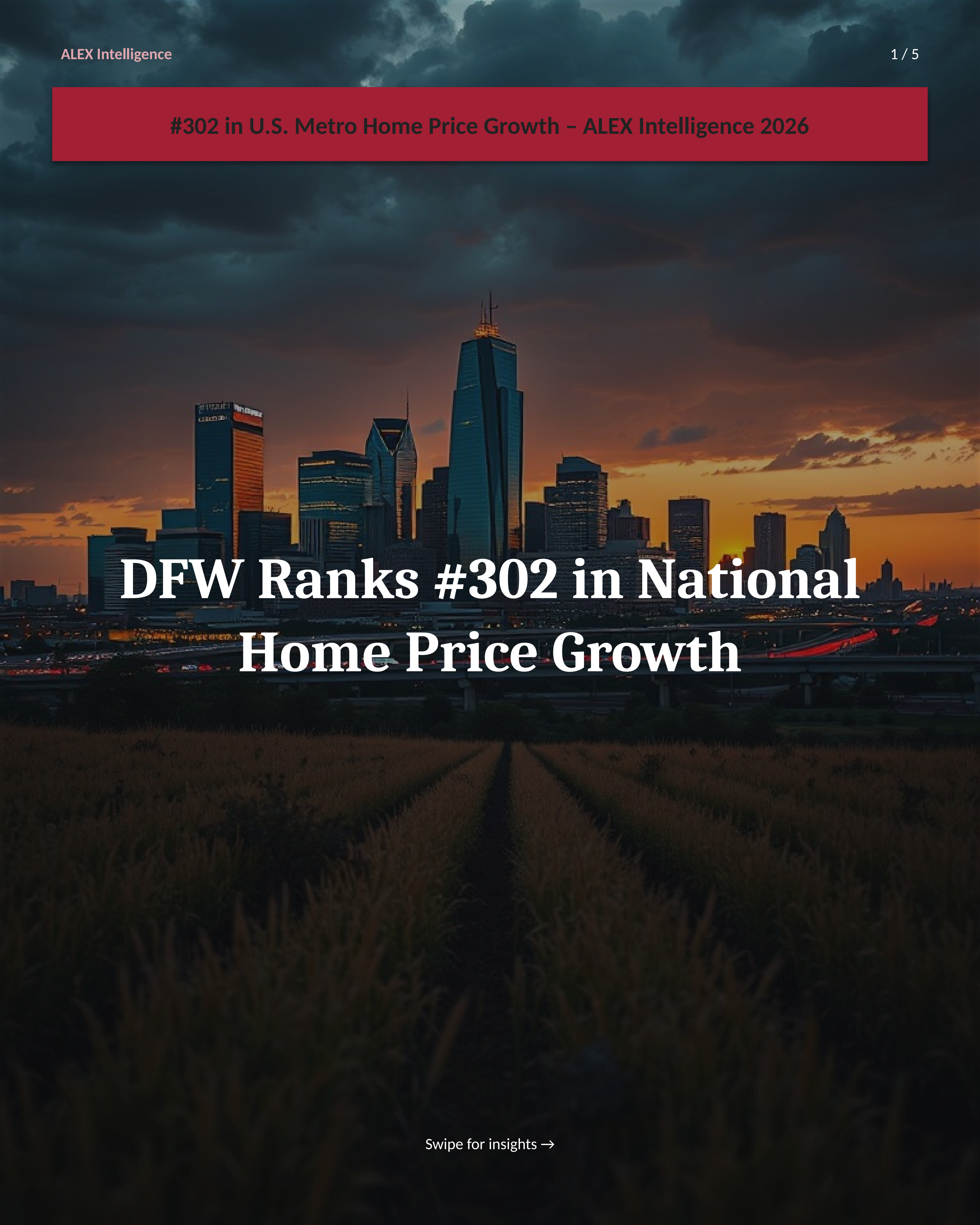
#302 in U.S. Metro Home Price Growth – ALEX Intelligence 2026



DFW Ranks #302 in National Home Price Growth

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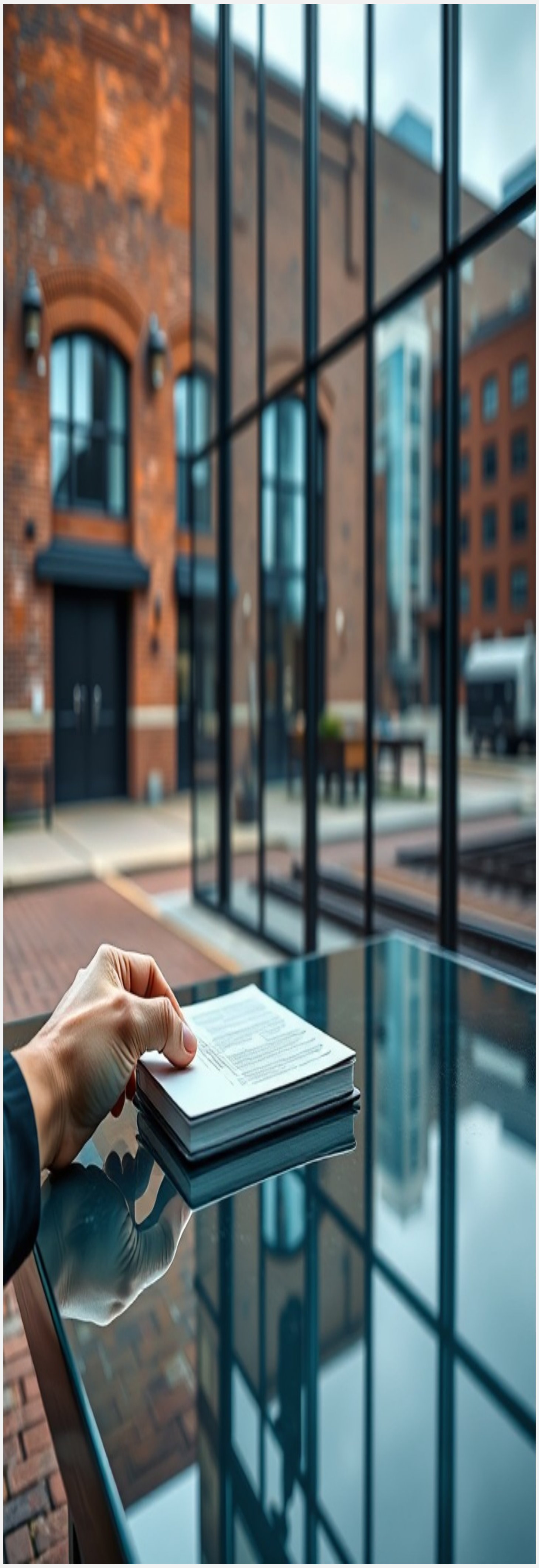
THE DATA

0.6%

one-year change in the metropolitan house price index (2026 Q2)

DFW’s growth is the slowest among 359 U.S. metros, trailing even low-growth markets.

This ranking reflects a market at a structural inflection point: while national home price momentum is waning, DFW is not just falling behind—it is near the bottom. The 0.6% increase is not a sign of stability but of suppressed demand, likely driven by elevated financing costs, overbuilt suburban inventory, and a cooling in speculative activity. Unlike high-growth metros where price appreciation fuels migration, DFW’s stagnation suggests a market adjusting to a new equilibrium.



Source: Federal Housing Finance Agency, All-Transactions House Price Index by Metropolitan Statistical Area, 2026 Q2 · ALEX Intelligence computation
https://alex-companies.com/data/2026-09-21-dfw-msa-hou-fhfa-hpi-growth-1y-msa

01

Stagnation as Strategic Positioning

A 0.6% growth rate is not failure—it is a deliberate recalibration. DFW's low rank signals that buyers are not chasing inflated prices, preserving affordability and liquidity. This is not a collapse but a pause for consolidation. For investors and developers, it means opportunities to acquire assets at stabilized valuations before the next cycle. The data reveals not weakness, but a market choosing resilience over momentum.

02

The Cost of Being a Late Cycle

DFW's position at #302 highlights a classic late-cycle phenomenon: price growth slows as fundamentals shift. The market is not immune to national trends—mortgage rates, supply chains, and employment patterns are all converging to dampen price momentum. The risk is not stagnation itself, but missing the window to reposition before the next phase of growth. For long-term players, this moment is not about exit—it's about re-entry strategy.

Real Estate Strategy & Intelligence Leader. Democratized Blue Ocean Strategist & Operator.

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