

Top Origin of In-Migration — ALEX Intelligence 2026

Montgomery County Leads Nashville In-Migration

1,619 households moved from Montgomery County in 2022–23 — top source of
new residents

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THE DATA

1,619

Households Moving In From a Single County (2023)

Montgomery County, TN is the leading source of new households moving to the Nashville metro, surpassing even major Tennessee counties and out-of-state origins.

This figure reflects a powerful demographic shift: Nashville's growth is being driven not just by rural-to-urban migration, but by a concentrated exodus from a specific inland Tennessee county. Montgomery County's dominance suggests strong economic or lifestyle pull factors — possibly affordability, proximity, or institutional stability — that are now shaping Nashville's housing and service demand.

Source: U.S. Internal Revenue Service, Statistics of Income Migration Data, county-to-county inflows, 2022-23 • ALEX Intelligence computation
<https://alex-companies.com/data/2026-09-17-nashville-mig-in-origin>



An aerial photograph of a suburban intersection, likely in Nashville, Tennessee. The image shows a multi-lane road with a landscaped median featuring large rocks and low-lying plants. Several cars are visible on the road, and the surrounding area includes residential houses and trees. The entire image is overlaid with a semi-transparent red filter.

01

Suburban In-Migration Is Reshaping Demand

Unlike the transient 'digital nomad' migration, this movement reflects a deeper, more permanent reorientation of family and career hubs. It implies that Nashville's appeal is no longer just about urban excitement — it's becoming a regional anchor for those seeking both stability and opportunity.

02

Montgomery County Is the New Suburban Hub

If Montgomery County continues to supply households at this rate, it may soon develop its own housing market dynamics, with rising property values and infrastructure strain, further reinforcing Nashville's role as a regional economic nucleus. This is not just migration — it's the birth of a new regional economic ecosystem.



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