

60.8% of Inbound Households From Top 3 States — ALEX Intelligence 2026

60.8% of Memphis's New Residents Come From Just 3 States

Mississippi, Tennessee, and Texas dominate inbound migration — a regional economic engine in motion.

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THE DATA

60.8%

Share of Arriving Households From the Top Three States (2023)

The Memphis metro sees over six in ten new households arriving from just three states, signaling deep regional integration.

This concentration reveals a tightly coupled economic ecosystem across Mississippi, Tennessee, and Texas — not a random influx. The pattern suggests shared labor markets, commuting corridors, and supply chain linkages that reinforce regional stability. Memphis is not just a destination; it's a hub of cross-state economic continuity.

Source: U.S. Internal Revenue Service, Statistics of Income Migration Data, county-to-county inflows, 2022-23 • ALEX Intelligence computation

<https://alex-companies.com/data/2026-09-17-memphis-mig-state-top3>



01

Regional Integration, Not Isolation

The dominance of Mississippi, Tennessee, and Texas in inbound migration reflects a mature regional economy where mobility is not displacement but reintegration. Workers from these states are not fleeing but repositioning within a shared labor and infrastructure network. This reduces friction in housing demand, as newcomers are already familiar with the cultural and logistical rhythms of the region.



02

The Hidden Engine of Stability

While national narratives emphasize 'coastal flight' or 'Sun Belt migration,' Memphis's data shows a different story: migration is hyper-local, not long-distance. This regional concentration reduces volatility. Housing markets respond predictably, and policy planning can focus on intra-state coordination — such as workforce development, transportation, and water resource management — rather than chasing distant demographics.

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