

#1 Destination for Boulder County Movers — ALEX Intelligence 2026

Adams County Is #1 for Boulder Movers

1,991 households relocated there — a structural shift in Colorado's intra-metro dynamics

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THE DATA

1,991

Households Moving Out to a Single County (2023)

Adams County, CO, received nearly 2,000 households from Boulder County in the 2022–23 reporting window.

This number reflects a decisive migration pattern: more people are leaving Boulder County for Adams County than any other destination in the U.S., even outside the state. The scale suggests not just individual choices, but a systemic realignment of residential and economic activity within the Front Range.

Source: U.S. Internal Revenue Service, Statistics of Income Migration Data, county-to-county outflows, 2022-23 · ALEX Intelligence computation

<https://alex-companies.com/data/2026-09-16-boulder-mig-out-dest>



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Adams County Is the New Suburb

For real estate strategists, this signals a need to reframe investment in Adams County not as a secondary market, but as a primary growth node. The migration flow is not random; it's a deliberate reallocation of capital and labor across the metro region, driven by cost and connectivity.



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Boulder's Outflow Is a Market Signal

As more households move out, the pressure on Boulder's housing supply may ease slightly, but the real story is the transfer of economic weight. The next wave of development, policy, and investment should be directed not just at Boulder, but at the Adams County corridor, where the future of the region's residential fabric is being built.

Real Estate Strategy & Intelligence Leader. Democratized Blue Ocean Strategist & Operator.

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