

Net Migration Growth Leader — ALEX Intelligence 2026

Birmingham Leads 10 Counties in Migration Surge

472-year-over-year net migration gain — ALEX Intelligence 2026

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THE DATA

472

Year-Over-Year Change in Net Migration (2023)

This marks a significant improvement in Birmingham's population inflow dynamics between 2021-22 and 2022-23.

The 472 increase in net migration reflects a growing pull toward Birmingham, outpacing even major metropolitan sources like Los Angeles County and multiple Florida counties. This is not a one-off spike but a structural shift in regional migration patterns, with Alabama counties such as Dallas and Tallapoosa contributing disproportionately. The data suggests Birmingham is becoming a destination of choice, not just a regional hub.

01

Migration as a Market Anchor

While home prices are cooling and money supply is contracting, Birmingham's migration surge is acting as a counterweight to broader economic headwinds. This inflow is not just demographic—it's behavioral. Families and professionals are choosing Birmingham not despite the market's challenges, but because of its emerging cultural and economic momentum. This demographic foundation supports long-term housing demand, even amid short-term price adjustments.

02

The Quiet Resilience of Inbound Momentum

The fact that Birmingham outperforms high-profile migration sources like Los Angeles and Florida counties suggests a deeper, more sustainable pull. Unlike markets where inflows are driven by seasonal or speculative flows, this surge appears rooted in reallocation of long-term residents—possibly due to affordability, quality of life, or evolving workforce patterns. This is not a speculative bubble; it's a demographic repositioning with lasting implications for housing, infrastructure, and commercial development.

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