

Top 55+ Household Size: San Germán Municipio, 2024

2.6 People Per Home in Top 55+ Counties

San Germán Municipio leads the nation in household size among 55+ communities

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THE DATA

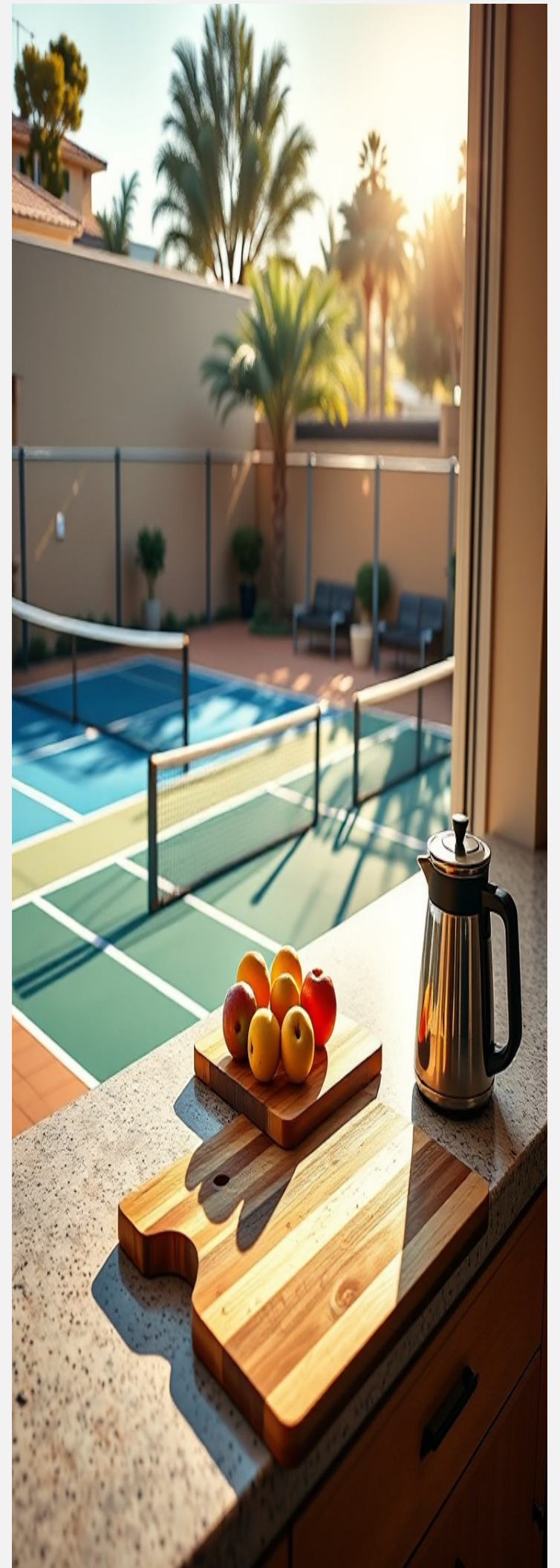
2.6

Average Household Size (2024)

San Germán Municipio, Puerto Rico, has the highest average household size among U.S. counties with a high 65+ population.

This figure—2.6 people per home—reveals a profound shift in the lived reality of age-restricted communities. It challenges the long-held assumption that retirement living is synonymous with single-person or couple-only households. Instead, it signals a growing trend of multi-generational cohabitation, even within communities designed for older adults.

Source: U.S. Census Bureau, American Community Survey 5-Year Estimates, 2024 • ALEX Intelligence computation
<https://alex-companies.com/data/2026-09-13-fifty-five-plus-fifty-five-plus-household-size-county-us-senior>



01

Age-Restricted ≠ Age-Separated

The data from San Germán Municipio and its top-tier peers suggests that 55+ communities are evolving into intergenerational hubs. These homes are not merely shelters for retirees but functional family units where adult children, grandchildren, or caregivers live alongside older adults. This dynamic reshapes design priorities—favoring larger kitchens, shared common areas, and adaptable layouts—beyond the standard single-level, low-maintenance model.

02

The Hidden Equity in Shared Living

Households with higher average sizes may be unlocking new forms of financial resilience. By pooling resources and sharing housing costs, multi-generational households in 55+ areas can extend financial independence well into later life. This aligns with rising reverse mortgage use and equity release trends, suggesting that housing design must now account for both personal and collective financial health, not just individual mobility.



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