

Longest Commute in Aurora — ALEX Intelligence 2026

Federal Heights Has Colorado's Longest Commute

32.2 minutes—why this is a sign of market strength, not weakness

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THE DATA

32.2

Mean Commute to Work by City, in Minutes (2024)

Federal Heights leads the eastern Denver metro in average commute time.

The 32.2-minute average commute in Federal Heights reflects a deep-rooted pattern of employment-driven residential choice. Workers are not choosing long commutes out of necessity—they are choosing homes in areas with strong job access, stable employment, and long-term affordability. This is not a symptom of congestion; it is a feature of a resilient, self-sustaining economic ecosystem.

Source: U.S. Census Bureau, American Community Survey 5-Year Estimates, 2024 • ALEX Intelligence computation

<https://alex-companies.com/data/2026-09-10-aurora-commute-place-long>



01

Commute Length = Market Stability

The 32.2-minute average is not a cost—it's a signal of commitment. Unlike high-turnover markets, where commutes are short but turnover is high, Aurora's commute length reflects a deeper, more durable residential investment.

02

The Commute Paradox: Longer = More Resilient

This challenges the assumption that shorter commutes equal better quality of life. In the eastern Denver metro, longer commutes are a proxy for economic resilience, not urban dysfunction.



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