

Denver Housing Costs Continue Upward Trajectory

New data reveals sustained inflationary pressures in the metro's housing sector.

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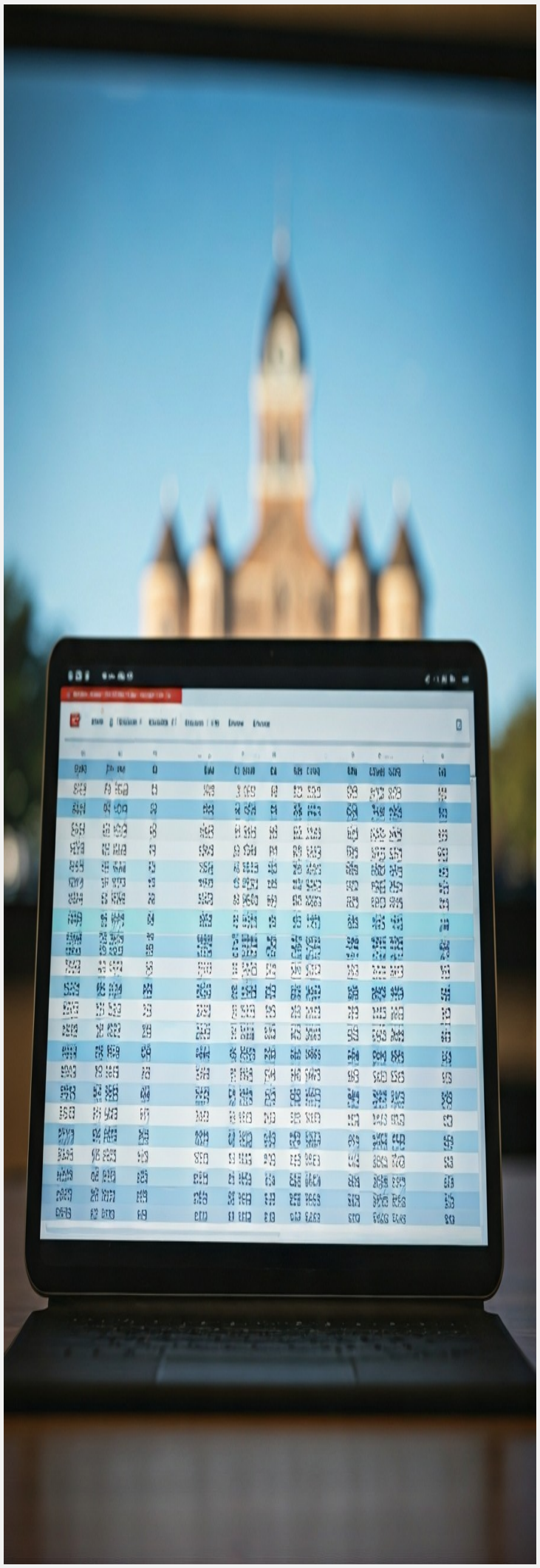
THE DATA

6.8%

Annual Housing CPI Increase

The Consumer Price Index for Housing in Denver-Aurora-Lakewood, CO, showed a significant year-over-year increase in July 2026.

This persistent rise in the housing component of the CPI indicates that the cost of shelter for urban consumers in the Denver metro area remains a key inflationary factor. It directly impacts household budgets and overall living expenses.



Source: U.S. Bureau of Labor Statistics, retrieved from FRED, Federal Reserve Bank of St. Louis · Published August 8, 2026

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Inflationary Headwinds Challenge Denver Household Budgets

A sustained 6.8% annual increase in housing costs, as measured by the CPI, places considerable strain on Denver households. This trend suggests that while overall inflation might fluctuate, the fundamental cost of living in the region continues its upward climb, impacting residents' purchasing power.



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Denver's Market Dynamics Fueling Cost Escalation

The persistent rise in Denver's housing CPI reflects underlying market dynamics, including demand-supply imbalances and ongoing population growth. Even with varying mortgage rates, the core cost of housing shows resilience to downward pressure, contributing to long-term affordability concerns within the metro area.

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